

## 長生學共修站義工或老學生注意事項：

- 1 請義工提前 15 分鐘報到，首先登記，然後靜靜的打座。
- 2 各義工請關掉您的手機，或把您的手機靜音模式。
- 3 **組長或副組長隨時至少有一人在會場主管，彼此配合。**
- 4 請義工登記帶來的新調整來賓，簽法律責任豁免同意書，向組長報告。
- 5 邀請新調整來賓: 義工請確定，至少有一名義工者，伴隨您帶來的每位調整客人。 \* **至少** 一位義工者必須要保持伴隨一位新來的調整來賓。\*
- 6 調整時間以 30 分鐘為主，可以更長時間，一直到舒服。
- 7 請您自背水，帶上自己喝的水。
- 8 請您帶自己的墊子(隨意)。

## Longevity Practice Center Volunteer Notices

- 1 **Please arrive 15 minutes earlier, Sign-in first then Meditate Quietly.**
- 2 **Please turn off your cell phone or put your cell phone on silence mode.**
- 3 **Team-Leader or assistant Team-Leader should have at least one to be present at all times.**
- 4 **All volunteer that bring guest must help sign in for the guest. Also make sure guest signs the Liability Waiver Consent Form and report to the on-duty Team Leader or assistant Team Leader.**
- 5 **New guest invites: volunteer make sure at least one volunteer will accompany for each guest that you bring for adjustment. \* At least one volunteer must stay to help one new guest that you bring to Practice Center for adjustment. \***
- 6 **Adjustment time is at least 30 minutes per person but it maybe longer until comfortable or as needed basis.**
- 7 **Everyone need to bring your own drinking water.**
- 8 **Bring your own cushion if needed, this is optional.**